What is 4-H? Snapshot



The New Jersey 4-H Youth Development Program uses a learn-by-doing approach to enable youth to develop the knowledge, attitudes, and skills they need to become competent, caring and contributing citizens of the world. This is accomplished by using the knowledge and resources of caring adults.



- 1. Provide informal, educational programs for youth in grades K-13
- 2. Encourage responsibility, community awareness & character development in youth
- 3. Strengthen skills for adults working with youth through training and publications
- 4. Improve community partnerships and collaborations



Youth, grades 4 -13, are standard members and can enroll in one or many different 4-H projects.

Junior members are grades 4 -7

Senior members are grades 8 – 13.



4-H is a community of young people across America who are learning leadership, citizenship, and life skills. The Atlantic County 4-H Youth Development Program offers everyone in grades K-13 (first year out of high school) the opportunity to explore countless opportunities in science, arts, foods, outdoor adventure, and more with the ultimate goal of giving youth the skills they need to thrive and succeed throughout their lives.

4-H's unique, learn-by-doing model teaches youth essential, transferrable skills that they'll use throughout their lives, such as problem solving, decision making, coping, communicating and responding to the needs of others.

4-H provides meaningful opportunities for youth and adults to work together to create sustainable community change. This is accomplished within three primary content areas, or mission mandates, - citizenship, healthy living, and science. These three mission mandates – citizenship, healthy living, and science – all intertwine, can be integrated across project areas and activities, and is the educational foundation of 4-H.